Did you know that the Hindi word ‘langur’ (pronounced ‘lungoor’) is used all over the world to refer to leaf-eating monkeys? The Chamba Sacred Langur, too, is such a monkey which loves to feast on leaves—especially on young leaves and lots of them—but also on buds, bark, fruits, roots, seeds, cones, and flowers. To spice up their meal of leaves and bark, Chamba Sacred Langurs sometimes lick rocks and soil from under trees. This dietary adventure is usually undertaken in groups and is known to supplement their diet with essential salts and minerals.

Chamba Sacred Langurs love to groom and to be groomed and spend most of their resting hours doing just that. Grooming glues social bonds while also providing a tasty snack of those pesky lice—talk about an added advantage!

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