



DIET OF THE FOUR-HORNED ANTELOPE *TETRACERUS QUADRICORNIS* (DE BLAINVILLE, 1816) IN THE CHURIA HILLS OF NEPAL

Amar Kunwar¹, Raju Gaire², Krishna Prasad Pokharel³, Suraj Baral⁴ & Tej Bahadur Thapa⁵

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^{1,4,5} Central Department of Zoology, Tribhuvan University, TU Rd, Kirtipur 44618, Nepal

² Kathmandu Model College, Bagbazar GPO Box No. 4470. Kathmandu Nepal

³ Wildlife Ecology and Management, University of Freiburg, Tennenbacher Str.4, D - 79106 Freiburg, Germany

¹ amar.kwr@gmail.com (corresponding author), ² uniuqeraj2010@yahoo.com, ³ kp.pokharel@gmail.com,

⁴ baral.hector@gmail.com, ⁵ tbthapa@cdztu.edu.np

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Abstract: The food composition of the Four-horned Antelope *Tetracerus quadricornis* was studied in the Churia Hills of Nepal during summer, monsoon and the winter seasons of 2012–2013. Microhistological technique was used to determine the diet. The Four-horned Antelope was found to be a mixed feeder feeding on trees, shrubs, forbs, grasses and climbers. Trees and shrubs contribute the major percentage of diet in all the three seasons. The Gramineae family is consumed in highest proportion. *Mitragyna parvifolia*, *Bridelia retusa*, *Bambusa vulgaris*, *Hymenodictyon* sp. and *Ziziphus mauritiana* are major tree species while *Barleria cristata*, *Pogostemon benghalensis*, *Achyranthes* sp., *Clerodendrum viscosum* are among shrubs. *Ageratum conyzoides* and *Blumea virens* are the main forbs *Eulaliopsis binata* and *Imperata cylindrica* are the principal grass species. Climber *Trachelospermum lucidum* is consumed in a small proportion. Grasses in monsoon were consumed distinctly at a higher percentage than during the other two seasons. The Four-horned Antelopes are concentrated feeders and browsers with a generalized feeding strategy. Similar studies need to be conducted in other landscapes and with sympatric and potential competitor species to understand its niche overlaps and degree of competition.

Keywords: Bardia National Park, Browser, food composition, generalist, Gramineae, micro-histological analysis, mixed feeder, niche breadth.

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Author Details: MR. AMAR KUNWAR has completed his master's degree in Zoology, specialization in wildlife ecology and environment from Central Department of Zoology. Currently, he is working in ecological conservation of Blackbuck *Antelope cervicapra* and threatened small mammals of Nepal. He is interested in ecological conservation and research of prey-species of Nepal, especially Ungulates. MR. RAJU GAIRE has completed his master's degree in Zoology, specialization in Ecology from Central Department of Zoology and conducting researches on ecological studies of Barking deers *Muntiacus vaginalis* in Nepal. He is interested in research of prey-species. DR. KRISHNA PRASAD POKHAREL has completed his PhD in Niche Differentiation of Solitary Ungulates in Lowland Nepal and currently is a scientific staff at Chair of Wildlife Ecology and Management, University of Freiburg, Germany. MR. SURAJ BARAL has completed his master's degree in Zoology from Central Department of Zoology in Ecology and conducting ecological researches on Herpetofauna of Nepal. DR. TEJ B. THAPA is a professor at Central Department of Zoology, Tribhuvan University, Nepal. He has completed his PhD in habitat suitability evaluation for Leopard *Panthera Pardus* using remote sensing and GIS. His area of interests are big cat ecology and predator-prey relationships.

Author Contribution: AK - surveyed in the field, conducted laboratory work, calculated, analyzed and prepared the manuscript. RG - surveyed in the field, collected samples and did laboratory work. KPP - guided in field methods and collected samples in the field. SB - analysed the data and worked in laboratory. TBT - guided in sample collection, laboratory work, identification of plant species and analysis and supervised the whole work.

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INTRODUCTION

Quantifying diet is an important aspect of studying animal ecology. Without full understanding of what animals eat, why they eat, where they eat and variations in feeding over time, species specific management is nearly impossible. Efficient management of ungulates requires a detailed knowledge of their diets and food habits (Holechek et al. 1982; Mofareh et al. 1997; Sandoval et al. 2005). Knowing the diet composition of herbivores is important for understanding their foraging ecology and for mediating the effects they have on vegetation and ecosystems (Barcia et al. 2007). The quality of food significantly influences reproduction, growth and survival of animals (Pekins et al. 1998) and consequently on their population dynamics. The dietary studies are more important for patchily distributed (Sharma et al. 2013), threatened and low density species (Sharma et al. 2009) like the Four-horned Antelope *Tetracerus quadricornis* (de Blainville 1816).

The Four-horned Antelope (F-hA), endemic to India and Nepal, is one of the unique tropical antelopes and smallest Asian bovid with four horns in the male. It chooses open habitats (Prater 1971; Krishna et al. 2009) and also prefers forested areas to open grasslands (Sharma & Rahmani 2005), with an undulating or hilly terrain (Prater 1971; Sankhala 1977). Historically, the F-hA was distributed from the Terai region of Nepal in the north, to the Nilgiri Hills in the south and Bengal region in the east in India to Sind province in the west (Blanford 1888; Jerdon 1874; Murray 1884), but are currently extirpated from Pakistan (Roberts 1997). Presently, they are reported from four protected areas of Nepal; Bardia National Park (Karki 1998; Steinheim et al. 2005; Pokharel 2010), Chitwan National Park (Gurung and Singh 1996, Pokharel 2012), Parsa Wildlife Reserve (Shrestha 2001) and Banke National Park (DNPWC 2010) and in all states of India except Kerala (Rice 1990). Although, this Vulnerable species (IUCN 2013) occurs only in Nepal and India (Rahmani 2001), baseline information about their distribution, feeding ecology, habitat requirements, population density and present status from Nepal are lacking.

Very little information on the food habits of the F-hA is available from India, through cafeteria experiments (Berwick 1974; Sharma et al. 2009), direct observations (Sharma et al. 2005) and micro histological analysis (Baskaran et al. 2011). The species is a browser (Pokharel et al. 2015) and forages selectively on nutritious plant parts such as fruits, flowers and fresh leaves (Berwick 1974; Sharma et al. 2005; Baskaran et al. 2011). No studies

on its feeding habits have been reported from Nepal.

This paper aims to assess the diet composition of the F-hA at the plant category and plant species level in Nepal. Field samplings were done in three different seasons during summer (March–April 2012), monsoon (September 2012) and winter (January 2013).

MATERIALS AND METHODS

Study Area

The study was conducted in the Churia Hills of the northern slopes of 968km² Bardia National Park (28°15'–28°40'N & 81°15'–81°40'E), located in western Terai and Siwalik of Nepal (Fig. 1). The altitudinal gradient ranges from 152m at the south-western corner of the park to an elevation of 1,441m at Sukurmala to the crest of Churia ridge (Dinerstein 1979). The park can be classified into five distinct land types; the Churia (Siwaliks), the Bhabar foothills, the alluvial flat lands, the riverine floodplains and the Babai Valley. The park experiences sub-tropical monsoon climate with three distinct seasons: monsoon, winter and summer. The park holds two major eco-regions, namely the Terai-duar savannas and grasslands, and the Himalayan sub-tropical broadleaved forests. The vegetation is sub-tropical, consisting of a mosaic of early successional floodplain communities along the Babai River and its tributaries, and with large areas of climax *Shorea robusta* forest on the upper drier land. Around 76% of the total park area is covered by forest; 52% of the total plant species are trees, 20% are shrubs while the remaining 8% are herbs (Bhujju et al. 2006). The major vegetation types are Sal forest, riverine forest, mixed hardwood forest, wooded grasslands, phantas and tall alluvial flood plain grassland. Important flora in the park includes *Shorea robusta*, *Terminalia tomentosa*, *Mallotus philippensis*, *Acacia catechu*, *Dalbergia sissoo*, *Bombax ceiba*, *Pinus roxburghii*, *Buchanania latifolia*, *Dillenia pentagyna*, *Murraya koenigii*, *Colebrookea oppositifolia*, *Pogostemon benghalensis*, *Imperata cylindrica*, *Saccharum* sp. (Shrestha et al. 1997). It harbors 59 species of mammals, 407 species of birds, 42 species of reptiles and amphibians, and 124 species of fishes (BPP 1995; DNPWC 2001).

Dietary analysis

The diets of the F-hA were determined following a standard micro-histological technique (Norbury 1988). The epidermal features of plants in the F-hA faeces were identified with the help of reference slides prepared from 104 plant species collected from the study area. The

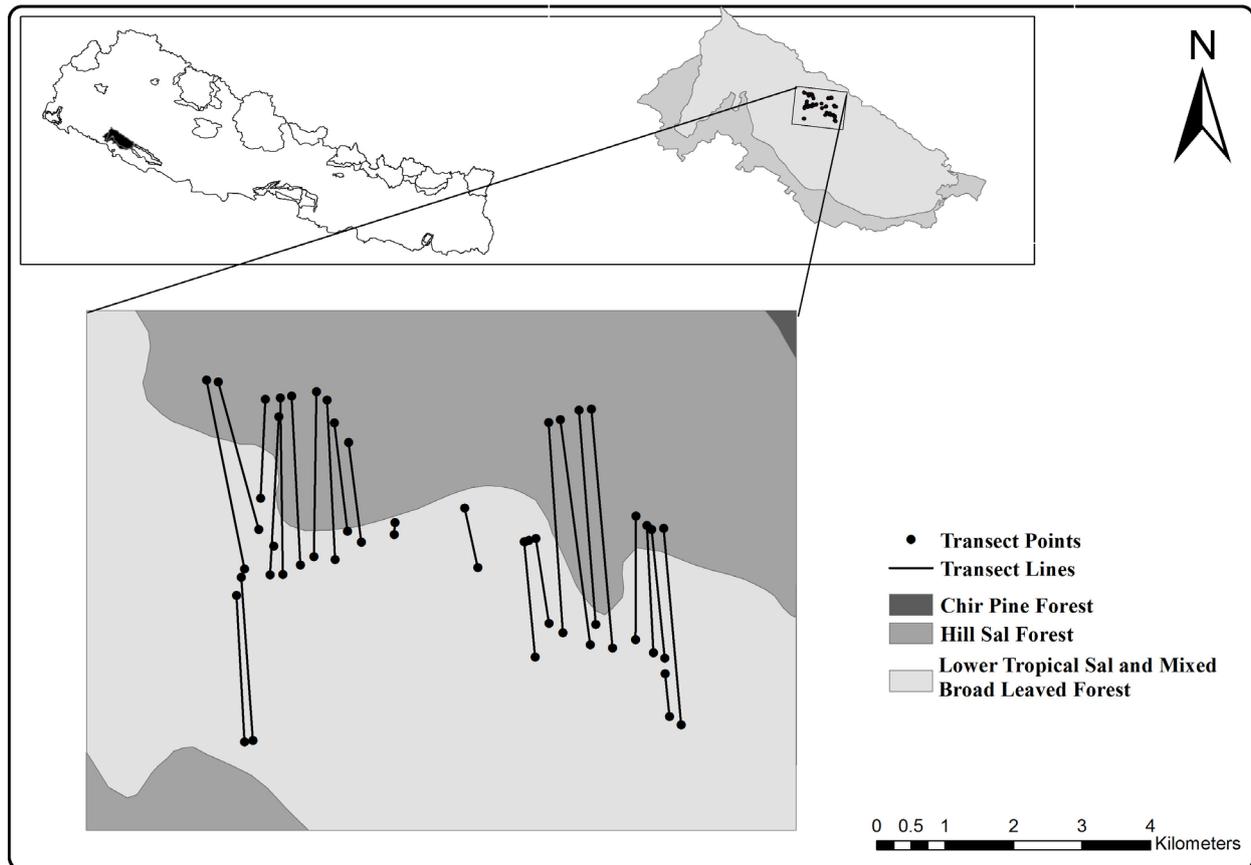


Figure 1. Map Showing Bardia National Park, Nepal and survey line transects inside the park.

reference plant samples were dried in an oven at 60°C and the dried samples were separately ground with an electric blender and sieved in a mesh size of 1–0.3 mm. The powder retained on the 0.3mm sieve was chosen as the final sample for slide preparation. The final sample was placed in Petri dishes and bleached with 4% sodium hypochlorite for 6–24 hours at room temperature to remove mesophyll tissue and to render the epidermis identifiable. The bleached contents were then rinsed well in a sieve and then treated with a few drops of staining substance-gentian violet solution (1g/100m water) for 10 seconds and again rinsed. The stained fragments were mounted on standard microscope slides in a glycerin medium and covered with a cover slip. A similar process was followed for the faecal samples. Both reference slides and faecal slides were observed at different magnifications; 100x, 200x and 400x with a compound microscope and each fragment was photographed using a digital camera for microscope (DCM510; USB2.0; 5M pixel, CMOS chip) in a laptop using software- ScopeTek Scope Photo; Version: x64, 3.1.615 (<http://www.scopetek.com>).

For each fecal sample, non-overlapping and distinguishable 30 fragments, observed while moving

the slides from left to right in the microscope, were identified considering the specific histological feature of the epidermis, i.e., epidermal cell shape, size and arrangement; vascular vessels type; stomata type and arrangement; venation characteristics; shape and arrangements of hairs and trichome, crystal types, etc.

To analyze the diet data, four levels of classifications were constructed into which plant fragments were assigned: (1) functional group (F.G.): (i) grasses, (ii) forbs, (iii) shrubs, (iv) climbers and (v) trees; (2) broad taxonomic group (B.T.): (i) monocots and (ii) dicots; (3) family; and (4) species. Those plants, which could not be identified to species or genera levels, were grouped into “unknown grass”, “unknown forbs”, “unknown shrub”, “unknown climber” and “unknown tree”.

The diet composition was expressed as a percentage of occurrence (O%) (Cavalini & Lovari 1991).

$$\text{Percentage of occurrence (O\%)} = \frac{\text{Number of fragments of each food}}{\text{Total number of plant fragments read}} \times 100$$

Chi-square test (χ^2) was used to determine the significance of variation in preferences of functional plant categories in three different seasons using program SPSS

(SPSS version 16.0.0).

To evaluate the degree of selectivity of plant species in the diet, Levin's measure of niche breadth (Levins 1968), was used.

The equation is

$$B = \frac{1}{\sum_{i=1}^n p_i^2}$$

Where, p_i = Percentage of total samples belonging to species i ($i=1,2,3,\dots,n$)

n = total number of plant species in all samples.

Diversity was standardized to a scale of 0.0 to 1.0 by using Hurlbert's method (Krebs 1999);

$$B_s = \frac{B - 1}{n - 1}$$

Where, B_s = Levin's standardized niche breadth,

B = Levin's measure of niche breadth, and n = number of possible resource states.

To evaluate whether the FHA is a browser or grazer, the monocots and dicots were further assigned as grass and browse respectively (Jarman 1974; Shipley 1999) and their ratio was expressed in terms of percentage.

RESULTS

We analyzed 100 pellet samples from summer ($n=60$), monsoon ($n=20$) and winter ($n=20$). Results revealed that a total of 45 species of plants belonging to 20 different families including 15 tree species, 15 shrubs, eight forbs, five grasses and two climbers were part of the diet. Of the total food plant species, 10 were monocots and 35 were dicots (Table 1). Trees contributed the major proportion (25.87%) of the diet followed by shrubs (21.3%), forbs (18.2%), and grasses (10.5%). Climbers contributed to the least proportion of occurrence (4.36%) in the diet of the F-hA (Fig. 2). The F-hA diet was dominated by the browse plant species. The ratio of browse to grass was 78.03% / 21.97%, showing a strong affinity towards consumption of browse plant species.

Plant species belonging to the family gramineae were consumed in highest proportion (17.64%) followed by Acanthaceae (9.13%), Rubiaceae (7.8%), Asteraceae (6.56%), Euphorbiaceae (6.4%) and others (Fig. 3).

Mitragyna parvifolia (4.7%), *Bridelia retusa* (4.47%), *Bambusa vulgaris* (3.43%), *Hymenodictyon orixense* (2.97%), *Ziziphus mauritiana* (1.93%), *Mallotus philippensis* (1.86%), *Buchanania latifolia* (1.67%), *Myrsine semiserrata* (1.30%) and *Shorea robusta* (1.23%) were the major tree

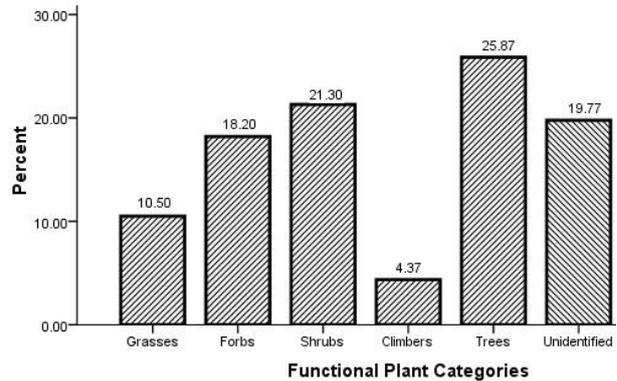


Figure 2. Percentage Occurrence of functional plant categories in the diet of Four-horned Antelope in Bardia National Park, Nepal

species consumed while *Aegle marmelos*, *Schleicheria oleosa*, *Acacia catechu*, *Rhus wallichii*, *Bauhinia* sp. and *Eugenia* sp. had their occurrence below one percent. Likewise, *Barleria cristata* was the dominant food item among the shrubs with its percentage occurrence of 5.33%, followed by *Pogostemon benghalensis* (2.96%), *Achyranthes* (2.63%), *Clerodendrum viscosum* (1.96%), *Nyctanthes arbor-tristis* (1.66%) and by *Phlogacanthus* spp. (1.067%). Other shrubs; *Thysanolaena maxima*, *Asparagus racemosus*, *Anthocephalus chinensis*, *Phyllanthus emblica*, *Artemisia indica*, *Justicia simplex* and *Clerodendrum* sps were present in small amounts. Forbs were also present in remarkable proportions in the diet. They contributed 18.2% of the overall diet. *Ageratum conyzoides* (4.97%) and *Blumea virens* (3.93%) were the main forbs preferred by the animal. *Cynodon dactylon* (2.13%), *Justicia* spp. (2.6%), *Blumeopsis flava* (1.6%), *Hemarthria compressa* (0.63%) and *Desmodium* spp. (0.43%) were other forbs fed. *Eulaliopsis binata* and *Imperata cylindrica* were the principal foods among grass species. They contributed 4.73% and 4.36% respectively. The rest, *Themeda triandra* (1.0%), *Paspalum distichum* (0.26%) and *Digitaria* sps (0.06%) were also present in a minority. In addition, two climbers; *Trachelospermum lucidum* and one unknown climber were used up to 1.9% and 2.46% respectively as food.

Seasonal diet composition

Trees contributed the major percentage of diet in all the three seasons. Shrubs were consumed relatively in a higher proportion in winter (29.00%) than in summer (19.89%) or monsoon (17.83%). The preference order of forbs followed from summer (20.56%) to monsoon (17.83%) and winter (11.50%). Grasses during the monsoon were consumed distinctly at a higher percentage (16.83%) than in summer (10.22%) or winter (5.00%). Climbers

Table 1. Percentage composition (O%) of various plant categories (F.C. = Functional category; B.C. = Broad category, family and species) identified in pellets of Four-horned Antelope in BNP, Nepal.

F.C.	B.C.	Family	Species	Overall (O%)	Summer (O%)	Monsoon (O%)	Winter (O%)	
Grasses	Monocots	Graminae	<i>Eulaliopsis binata</i>	4.73	3.28	11.33	2.50	
			<i>Imperata cylindrica</i>	4.37	4.67	5.33	2.50	
			<i>Digitaria sps</i>	0.07	0.11	--	--	
			<i>Themeda triandra</i>	1.07	1.78	--	--	
			<i>Paspalum distichum</i>	0.27	0.39	0.17	--	
Forbs	Monocots	Graminae	<i>Cynodon dactylon</i>	2.13	3.28	0.50	0.33	
			<i>Hemarthria compressa</i>	0.63	1.06	--	--	
	Dicots	Asteraceae	<i>Blumeopsis flava</i>	1.60	1.83	1.00	1.50	
			<i>Ageratum conyzoides</i>	4.97	6.94	4.00	--	
		Leguminosae	<i>Desmodium sps</i>	0.43	--	2.17	--	
		Compositae	<i>Blumea virens</i>	3.93	2.78	7.00	4.33	
		Acanthaceae	<i>Justicia sps</i>	2.60	3.33	2.00	1.00	
Unknown Forbs	---	1.90	1.33	1.17	4.33			
Shrubs	Monocot	Graminae	<i>Thysanolaena maxima</i>	0.93	1.56	--	--	
			Liliaceae	<i>Asparagus racemosus</i>	0.10	0.17	--	--
	Dicots	Acanthaceae	<i>Justicia simplex</i>	0.13	0.22	--	--	
			<i>Barleria cristata</i>	5.33	4.39	8.67	4.83	
			<i>Phlogacanthus sps</i>	1.07	0.06	0.33	--	
		Verbenaceae	<i>Clerodendrum viscosum</i>	1.97	2.33	1.00	0.33	
			<i>Clerodendrum sps</i>	0.77	1.89	--	9.17	
		Amaranthaceae	<i>Achyranthes sps</i>	2.63	0.33	--	0.67	
		Rubiaceae	<i>Anthocephalus chinensis</i>	0.13	1.33	0.50	3.83	
		Euphorbiaceae	<i>Phyllanthus emblica</i>	0.10	1.17	2.50	1.5	
		Oleaceae	<i>Nyctanthes arbor-tristis</i>	1.67	1.28	3.50	2.17	
		Labiatae	<i>Pogostemon benghalensis</i>	2.97	3.72	1.17	--	
		Compositae	<i>Artemisia indica</i>	0.33	0.39	10.50	5.50	
Unknown shrub 1	---	1.67	2.67	0.50	0.83			
Unknown shrub 2	---	1.50	5.17	2.83	4.00			
Climbers	Dicots	Apocynaceae	<i>Trachelospermum lucidum</i>	1.90	1.61	2.33	7.67	
		Unknown climber	---	2.47	6.61	1.67	2.00	
Trees	Dicots	Graminae	<i>Bambusa vulgaris</i>	3.43	0.06	0.33	--	
			Euphorbiaceae	<i>Mallotus philippensis</i>	1.87	2.33	1.00	0.33
				<i>Bridelia retusa</i>	4.47	1.89	--	9.17
			Rubiaceae	<i>Hymenodictyon sps</i>	2.97	0.33	--	0.67
				<i>Mitragyna parvifolia</i>	4.70	1.33	0.50	3.83
			Anacardiaceae	<i>Rhus wallichii</i>	0.30	0.5	--	--
				<i>Buchanania latifolia</i>	1.17	0.72	0.83	2.83
			Leguminosae	<i>Acacia catechu</i>	0.63	1.06	--	--
				<i>Bauhinia sps</i>	0.03	0.06	--	--
			Myrsinaceae	<i>Myrsine semiserrata</i>	1.30	1.44	--	2.17
			Rutaceae	<i>Aegle marmelos</i>	0.17	0.11	0.50	--
			Rhamnaceae	<i>Ziziphus mauritiana</i>	1.93	1.94	3.00	0.83
			Dipterocarpaceae	<i>Shorea robusta</i>	1.23	1.44	1.67	0.17
Sapindaceae	<i>Schleichera oleosa</i>	0.83	0.72	1.17	0.83			
Myrtaceae	<i>Eugenia sps</i>	0.83	0.50	0.50	2.17			
Unidentified				19.77	19.39	17.33	23.33	

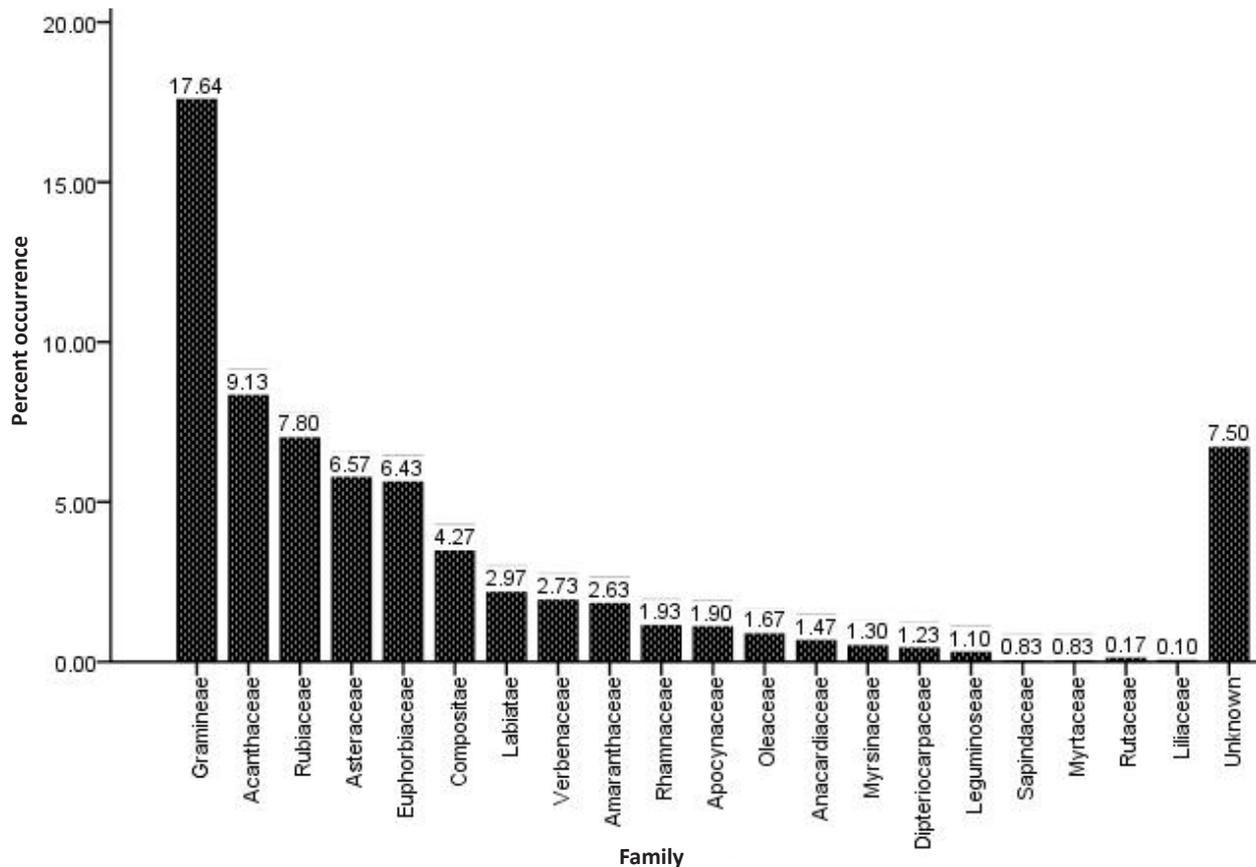


Figure 3. Percentage of occurrence of different plant families in the diet of Four-horned Antelope in Bardia National Park, Nepal

contributed a small proportion during all the three seasons (Fig. 4). Browse to grass ratio was maximum during the winter at 85.86% / 14.14% while it declined to 80.85% / 19.15% during the summer and to 66.34% / 14.14% during the monsoon.

The frequency of consumption of functional plant categories (grasses, forbs, shrubs, climbers and trees) in the diet of F-hA varied among the seasons ($\chi^2 = 88.38$, d.f. = 8, p-value < 0.001). F-hA ate more diverse food species in the summer (43 species) than in the monsoon (30 species) or winter (28 species).

Summer season diet

During summer, the F-hA consumed 43 species of plants belonging to 20 families (Table 1). Trees were the major diets consumed (24.95%). Altogether 15 tree species, belonging to 11 families occurred in the summer diet. Forbs with seven species were the second important category contributing 20.56% of the diets. Furthermore, 19.88 percentage of occurrence was lent by shrubs, 10.22% by grass and 5.00% by climbers. The F-hA ate 14 shrubs, five grasses and two climbers during summer (Table 1). In this season, the Four-horned Antelope fed on

32 browse species of plants and 10 grasses (Table 1) and the browse to grass ratio that was obtained was 80.85% / 19.15%.

Monsoon season diet

During the Monsoon season, the F-hA consumed 30 species belonging to 17 families comprising three grasses, seven forbs, seven shrubs, two climbers and 11 trees (Table 1). Trees were consumed at the highest proportion (25.50%) while shrubs and forbs were consumed in equal proportion (17.83%) during this season. Three species of grass (Graminae) contributed 16.83 percent of occurrence in the diet. Two species of climber were also available in the diet and added 4.67% of occurrence to the total diet (Fig 4). In this season, F-hA fed on 25 dicots (browse) plants and five monocots (grasses) (Table 1) and the browse to grass ratio was found to be 66.34% / 14.14%.

Winter season diet

The F-hA ate 28 species of plants during the winter season belonging to 20 families (Table 1). The F-hA showed equal affinity towards the consumption of trees and shrubs; each contributed 29.0% of the winter diet.

Table 2. Incidence in number of samples (IN), Incidence percentage (I %) and Niche Breadth (B_j) of plant species identified in pellets of Four-horned Antelope in summer, monsoon and winter seasons in BNP, Nepal.

Food plants	Summer (n=60)		Monsoon (n=20)		Winter (n=20)		Overall (n=100)	
	IN	(I %)	IN	(I %)	IN	(I %)	IN	(I %)
<i>Barleria cristata</i>	20	33.33	8	40	8	40.00	36	36.00
<i>Bridelia retusa</i>	24	40.00	4	20.00	4	20.00	32	32.00
<i>Ageratum conyzoides</i>	25	41.67	5	25.00	--	--	30	30.00
<i>Blumea virens</i>	14	23.33	6	30.00	8	40.00	28	28.00
<i>Mitragyna parvifolia</i>	19	31.67	3	15.00	3	15.00	25	25.00
<i>Bambusa vulgaris</i>	4	6.67	10	50.00	9	45.00	23	23.00
<i>Pogostemon benghalensis</i>	13	21.67	--	-	10	50.00	23	23.00
<i>Justicia sps</i>	16	26.67	4	20.00	3	15.00	23	23.00
<i>Achyranthus sps</i>	16	26.67	3	15.00	3	15.00	22	22.00
<i>Hymenodictyon sps</i>	8	13.33	2	10.00	11	55.00	21	21.00
<i>Unknown climber</i>	17	28.33	4	20.00	--	--	21	21.00
<i>Eulaliopsis binata</i>	10	16.67	6	30.00	4	20.00	20	20.00
<i>Ziziphus mauritiana</i>	11	18.33	6	30.00	1	5.00	18	18.00
<i>Imperata cylindrica</i>	9	15.00	5	25.00	3	15.00	17	17.00
<i>Unknown herb</i>	6	10.00	2	10.00	9	45.00	17	17.00
<i>Unknown shrub s2</i>	8	13.33	5	20.00	3	15.00	16	16.00
<i>Mallotus philippensis</i>	13	21.67	1	5.00	1	5.00	15	15.00
<i>Unknown shrub s1</i>	5	8.33	1	5.00	8	40.00	14	14.00
<i>Clerodendrum viscosum</i>	--	--	4	20.00	10	50.00	14	14.00
<i>Cynodon dactylon</i>	12	20.00	1	5.00	1	5.00	14	14.00
<i>Myrsine semiserrata</i>	7	11.67	--	--	6	30.00	13	13.00
<i>Eugenia sps</i>	6	10	1	5.00	6	30.00	13	13.00
<i>Buchanania latifolia</i>	7	11.67	2	10.00	3	15.00	12	12.00
<i>Nyctanthes arbor-tristis</i>	9	15.00	2	10.00	1	5.00	12	12.00
<i>Trachelospermum lucidum</i>	7	11.67	2	10.00	1	5.00	11	11.00
<i>Blumeopsis flava</i>	8	13.33	1	5.00	2	10.00	11	11.00
<i>Shorea robusta</i>	6	10.00	3	15.00	1	5.00	10	10.00
<i>Hemarthria compressa</i>	9	28.33	--	--	--	--	9	9.00
<i>Schleichera oleosa</i>	3	5.00	1	5.00	3	15.00	7	7.00
<i>Phlogacanthus sps</i>	6	10.00	--	--	1	5.00	7	7.00
<i>Thysanolaena maxima</i>	6	10.00	--	--	--	--	6	6.00
<i>Themeda triandra</i>	6	10.00	--	--	--	--	6	6.00
<i>Clerodendrum sps</i>	6	10.00	--	--	--	--	6	6.00
<i>Rhus wallichii</i>	5	8.33	--	--	--	--	5	5.00
<i>Acacia catechu</i>	5	8.33	--	--	--	--	5	5.00
<i>Artemisia indica</i>	3	5.00	--	--	1	5.00	4	4.00
<i>Asparagus racemosus</i>	3	5.00	--	--	--	--	3	3.00
<i>Paspalum distichum</i>	2	3.33	1	5.00	--	--	3	3.00
<i>Anthocephalus chinensis</i>	2	3.33	--	--	--	--	2	2.00
<i>Aegle marmelos</i>	1	1.67	1	5.00	--	--	2	2.00
<i>Phyllanthus emblica</i>	1	1.67	1	5.00	--	--	2	2.00
<i>Desmodium species</i>	--	--	2	10.00	--	--	2	2.00
<i>Bauhinia sps</i>	1	1.67	--	--	--	--	1	1.00
<i>Digitaria sps</i>	1	1.67	--	--	--	--	1	1.00
<i>Justicia simplex</i>	1	1.67	--	--	--	--	1	1.00
Niche Breadth (B _j)		0.646		0.654		0.629		0.660

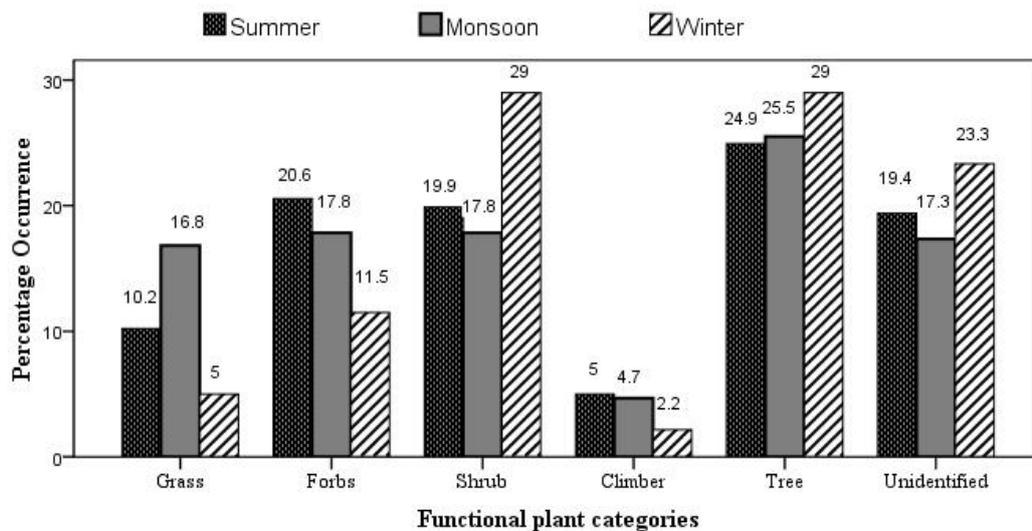


Figure 4. Percentage Occurrence of different functional plant types in the diet of Four-horned Antelope during the three seasons in Bardia National Park, Nepal

Five species of forbs shared their proportion of the diet by 11.5%. Only two species of grass and a climber were consumed in the winter. They contributed 5.0% and 2.17% respectively (Fig. 4). In this season, the F-hA fed on 24 dicot (browse) species of plants and four monocots (grasses) (Table 1) and the browse to grass ratio that was obtained was 85.86% / 14.14%.

Niche breadth

Standardized Levin's Measure of niche breadth (B_s) of the food plants present in the diet was found to be 0.66 (Table 2) showing that the F-hA utilize broad categories of forage plants and adopt a generalized feeding strategy. This feeding strategy was found in all three seasons; summer ($B_s=0.646$), monsoon ($B_s=0.654$), and winter ($B_s=0.629$) (Table 2).

DISCUSSION

Browse species are the most important food for F-hA, constituting two-third (66.95%) of the overall diet proportion while grass species constituted only 13.68% (the rest, 19.77% remained unidentified). This contradicts the findings of Baskaran et al. (2011), who reported an equal proportion of grass and browse. The browse domination in the diet, in this study, supports the results of the feeding observations made on free ranging (Berwick 1974) and tamed antelopes (Solanki & Naik 1998; Sharma 2006) from central and western India. According to Hofmann (1989), concentrate feeders choose a mixed diet with grasses less than 25% and show a remarkable

degree of forage selectivity. The Four-horned Antelopes in the Churia Hills of Bardia National Park are concentrate feeders, consuming different proportions of various plant species and forage categories (grasses, forbs, shrubs, climbers and trees). On the whole, trees constituted the major part of the diet contributing 25.86%, followed by shrubs (21.30%), forbs (18.20%), grasses (10.50%) and climbers (4.37%). The study made by Baskaran et al. (2011) in tropical forests of southern India during dry season revealed grasses as the major constituent of the Four-horned Antelope diet (28.6%) followed by trees (8.0%), shrubs (5.6%) and herbs (6.7%). They argue that during the dry season, grass becomes too coarse and less nutritive hence this antelope depends on both browse and grass, and appears to adapt its feeding according to availability. The shrub *Berlaria cristata* of the family Acanthaceae is the most preferred plant by this species. The other plants, in decreasing order of preference, are *Ageratum conyzoides* (Asteraceae), *Eulaliopsis binata* (Graminae), *Mitragyna parvifolia* (Rubiaceae), *Bridelia retusa* (Euphorbiaceae), *Imperata cylindrica* (Graminae), *Blumea virens* (Compositae), *Bambusa vulgaris* (Graminae), *Hymenodictyon orixense* (Rubiaceae), *Pogostemon benghalensis* (Labiatae), *Achyranthes* sp. (Amaranthaceae), *Cynodon dactylon* (Graminae), etc. (Table 1). The cafeteria experiments of Berwick (1974) in Gir forest ecosystem, India, and Sharma et al. (2009) in Van Vihar National Park cum Zoo in Bhopal, India, showed that *Ziziphus mauritiana* was the most preferred plant for the tamed F-hA (>24%). This study reveals a contrasting result showing minimum affinity towards the consumption of *Z. mauritiana* in the wild. Although

highly palatable, the thorns of *Z. mauritiana* inhibit its consumption in the natural habitats (Berwick 1974). The F-hA in the Churia hills of Bardia National Park do not show much preference towards climber plants. Only two climbers (*Trachelospermum lucidum* and one unknown) were consumed to a small percentage.

Variation in the consumption of different plant types by F-hA in different seasons have been related to changes in the chemical composition of food plants (Field 1971; Sukumar 1989). Increased browsing plants during summer and winter seasons and grazing plants during monsoon are related to protein and fiber content. Plant species differ in protein and fiber contents which influences food choice (Klaus-Hugii et al. 1999) and digestibility of animals (Harbone 1991). The food selectivity in F-hA might be affected by the nutritional requirements, the need to decrease fiber intake, and maximization of protein intake in order to increase digestibility. Although inadequate sample sizes in monsoon and winter seasons make it inappropriate to extrapolate this result to the diet of all the seasons, still, it is rather fair to say that the Four-horned Antelopes inhabiting Churia hills prefer browse species. The other closely related species of this antelopes are also found to be browsers; such as African Bushbuck *Tragelaphus scriptus* (Odendaal 1983), Kudu *Tragelaphus species* (Owen-Smith 1993) and Eland *Taurotragus oryx* (Buys 1990). The F-hA preferred to eat tree species in all three seasons but in different proportions. The F-hA consumed tree species more in the winter season but decreased its consumption during the summer and the monsoon. Forbs were consumed more in summer than in the monsoon or winter. The consumption of grasses was more in monsoon than in summer and winter. The consumption of grass was at a higher proportion during monsoon season, as the Four-horned Antelopes are known to consume grasses more in the monsoon season while they have specialized foraging preferences during the other seasons (Rodger & Panwar 1988). The grasses in monsoon are rich in nutrient content compared to other seasons (Sukumar 1989) while in other seasons they become too coarse and poor in nutrient contents (Baskaran 1998).

Consumption patterns of different food plants vary with seasons. In environments with prominent seasonal changes, food resources are commonly limited and dietary quality and quantity vary highly during dormant seasons. Consequently, the highest intake of digestible nutrients by herbivores occurs during the summer or rainy seasons (Parker et al. 2009). In the Churia Hills of Nepal too, the plant resource heterogeneity, duration of the dormant season, and rate of decline in forage quality

all must have affected the seasonal cycle of food intake by the F-hA.

Nearly one fifth of the total plant fragments remained unidentified in this study. In-vitro digestibility greatly influences the results of microhistological analysis particularly in the estimation of grass and forbs content (Vavra & Holechek 1980). The digestive efficiency of deer is very high and so the ingested plant parts are almost degraded (Korschgen 1971). The F-hA prefers fruits, flowers and fresh leaves (Berwick 1974; Sharma et al. 2005; Baskaran et al. 2011) which are highly degradable. Thus, this high percentage of unidentified plants in the diet could be due to high mastication and efficient digestion by the animal. Also, the biases subjected to microhistological analysis, like sample preparation (Vavra & Holechek 1980) poor training of technician (Holechek & Gross 1982) and differential digestibility of diet components (Holechek & Valdez 1985) may have influenced in resulting in the large percentage of fecal plant fragments that remain unclassified.

From the range of food plants eaten, the F-hA in the Churia Hills of Nepal are found to adopt a generalized feeding strategy. This strategy enables them to utilize a mix of dietary food plants to obtain the best source of different important nutrients that an animal requires and detoxify large amounts of chemically similar plant secondary metabolics (PSMs). The Nutrients constraint hypothesis argues that no one plant species can provide all the nutrient requirements of herbivores (Westoby 1978) and the Detoxification limitation hypothesis contends that mammalian herbivores are unable to reduce the detoxification loads of similar PSMs (Freeland & Janzen 1974). An alternative to overcome these limitations is to adopt a generalized feeding strategy (Wiggins et al. 2006).

Although, this animal is generalist in feeding strategy, it prefers to consume browse plant species more than the grasses. Isotopic evidence of the diets of F-hA supported that this species is a browser in Nepal (Pokharel et al. 2015). The statistically re-established hypothesis of Jarman (1974) by Brashares et al. (2000) suggests that feeding selectivity of ruminants is negatively correlated with body size and group size. Hence, smaller species require more energy per unit weight. Smaller antelopes have smaller stomachs compared to larger ruminants but have high metabolic requirements. This prohibits them from feeding large quantities of coarse grass species that are high in fiber content and low in protein content. Since highly nutritious and protein rich food is scarce, F-hA do not attain high abundances (Sharma et al. 2009). Berwick (1974) and Sharma et al. (2009) also concluded that this species was a selective feeder. The food selectivity in F-hA

may result from nutritional requirements, the need to decrease fiber intake, and maximization of protein intake in order to increase digestibility.

Diet composition is the direct reflection of resource use and can provide insights into habitat utilization, habitat preferences and competitive interactions with other sympatric animals. Seasonal use of plants species shows the varieties of feeding habits. The forage selection by F-hA varied markedly during monsoon, switching their food preferences from browse plant species to grass plant species. During winter the browse to grass ratio was higher than in summer and monsoon. This shows that during summer and winter, F-hA feed largely on browse plants while during monsoon they switch their food preferences from browse plant species to grass plant species. This is because during the summer season, the grass species in the tropical forests become too coarse (Baskaran 1998) and less nutritive compared to the monsoon season (Sukumar 1989). During the winter season the cold and low moisture retards the growth of grass species and most grasses dry up becoming coarse and less nutritive. The F-hA, in turn, feed mostly on browse plant species to meet their nutritional requirements. But during monsoon, the first rain in the pre-monsoon season stimulates new grass growth, and the intercalary meristem growth of monocots is more nutritious than apical growth in browse plants (Jarman 1974). So the browse plants are substituted by grass species for food during the monsoon. This knowledge and understanding can be helpful in habitat management practices and can be implemented to enhance availability of food. The long term survival of the F-hA depends on the availability of suitable habitat hence knowing and protecting plant species utilized by the species is a significant factor in its conservation.

Accounting for the potential dietary competition of Four-horned Antelope with other sympatric ungulates in Babai valley, there is some degree of sharing of food plant species with Swamp Deer, Hog Deer, Rhinoceros and Elephant. Six of the plant species (*Themeda* sp., *Cynodon dactylon*, *Imperata cylindrica*, *Hemarthria compressa*, *Mallotus philippensis* and *Ziziphus mauritiana*) consumed by Swamp Deer, Hog Deer and Rhinoceros (Wegge et al. 2006) are also consumed by F-hA. *Aegle marmelos*, *Bauhinia* sps, *Desmodium* sp., *Mallotus philippensis*, *Ziziphus mauritiana*, *Cynodon dactylon*, *Imperata cylindrica* and *Themeda* sp. observed in the diets of Rhinoceros and Elephant (Pradhan et al. 2008) are also observed in the Four-horned Antelope diet. Interestingly, the F-hA was found to consume only one plant in common *Imperata cylindrica* with Barking Deer - a potential competitor. But the diet of Barking Deer was studied in

Shivapuri National Park, Nepal (Nagarkoti & Thapa 2007), so generalization from the studies conducted in different landscapes and different vegetation availability may be misleading.

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